



# Ferney Lee News



Week beginning Monday 4th June 2018

## Headteacher's Message

Welcome to our latest newsletter.

We have enjoyed the half term break as we move into the final half of the academic year.

### Building

School building continues to move forward. This week we will be working on windows going into the new school.

### Consultation

During the next four Parents Consultation meetings over the next four weeks the purpose of the meetings is to get parental views on two specific topics.

1. Naming the school (name & uniform)

2. Days to the school day (Fridays)

Meetings will be held in school. We have tried to vary the times to suit as many parents as possible. Parents only need to attend **one** meeting.

Monday 14th June at 3.30pm

Tuesday 15th June at 9.30am

Wednesday 16th June at 6pm

Thursday 17th June at 5pm

Meetings should only last for one hour and refreshments will be provided. It would be great to get the views as many parents as possible.

During the half term holiday, Year 4 took part in the Calderdale Tennis Finals and really well finishing third out of eleven schools.

At the end of the half term holiday, Year 4 took part in the Todmorden School Cricket Tournament finishing a respectable third. Many thanks to Mr Kendall for giving up his time to support the team.

## Gold Book Awards

Ladybirds - Fatima

Bumblebees - Fatima

Squirrels - Thea

Owls - Humaira

Foxes - Alyssa

Deer - Mashud

Dragonflies - Riya

Kestrels - Jaden

Well done to everyone who took part!

to everyone who took part in the Todmorden Carnival!

Ferney Lee came 2nd in the Carnival and raised £100!!!





News from [The Telegraph](#) Are you worried about how much screen time your kids have? Screens can be highly

addictive creating significant changes in brain chemistry – most notably, in the release of dopamine – also known as the pleasure chemical – which is central to other addictions, like cocaine. Cynically, game developers use tests to measure dopamine and adrenaline levels in order to make video games as addictive as possible (as demonstrated by the latest *Fortnite* craze for example).

Experts have found that too much time on screens is effecting our children's brain development inhibiting the engagement of their active imagination engaged by such things as creative play so those brain networks simply do not develop, stunting children's own creative abilities. Amongst other changes in intelligence, research has shown that today's children have less idea of weight and length measurements because of more time spent in virtual worlds.

Ofcom estimates that the average 3-4-year-old spends 3 hours a day in front of a screen. This rises to 4 hours for ages 5-7, 4.5 hours by ages 8-11, and 6.5 hours for teenagers. (In Taiwan, parents are now legally obliged to monitor their children's screen time and can be fined £1,000 for allowing child under 18 to use electronic devices for extended periods of time.) In the UK, experts suggest that babies and toddlers are kept away from all screens, children aged 2-5 years should have no more than an hour a day, and children aged 5-18 years should have no more than two hours a day. (Steve Jobs never let his own kids near an iPad, which is pretty ironic). There are loads of sources of support and information online on how to do a screen detox or reduce your child's screen time, from screen time limiting apps to great ideas of things to do together instead. The basic advice includes delaying buying children their own gadgets for as long as possible as sticking with shared family tech makes it easier to take it away and indeed to monitor what children are doing online; keeping screens out of bedrooms; ensuring that screens are switched off at least an hour before bed as the "Blue Light" they emit is more stimulating than natural light and inhibits the sleep-inducing hormone melatonin. Crucial, too, is setting a good example and not being glued to our own gadgets or jumping to grab our phones every time a message notification bleeps.